



# SALLISAW PUBLIC SCHOOLS

## Sallisaw Middle School Breakfast and Lunch Menu December 2023



Alternate Cereal, Oatmeal & Yogurt Bar available for  
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1
Sausage and Egg Biscuit Fruit Juice, Milk	French Toast Fruit Juice, Milk	Funnel Cake Strawberries and Cream Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Chicken Alfredo</b>  Cesar Salad Garlic Bread Fresh Fruit and Vegetable Bar Sugar Cookie Milk	<b>Taco Fries</b>  Shredded Cheese Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk	<b>Chicken Tenders</b>  Mashed Potatoes and Gravy Sweet Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Chicken and Dumplings</b>  Seasoned Carrots Breadstick Fresh Fruit and Vegetable Bar Milk	<b>California Chicken Flatbread Melt</b>  Broccoli Salad Fresh Fruit and Vegetable Bar Oreo Pudding Milk
Corn Dog/Veggie	SAME	Chicken Nuggets/Veggie	SAME	Pizza /Veggie
4	5	6	7	8
Bacon ,Egg and Cheese Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Donut Fruit Juice, Milk	Omelet and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>BBQ Sandwich w/ Baked Beans</b>  Potato Chips Coleslaw Fresh Fruit and Vegetable Bar Oatmeal Chocolate Chip Cookie Milk	<b>Tachos</b>  Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Popcorn Chicken</b>  Mashed Potatoes and Gravy Sweet Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Teriyaki or Sweet n Sour Chicken</b>  Steamed Rice Grilled Broccoli Fresh Fruit and Vegetable Bar Fortune Cookie Milk	<b>PBJ Sandwich</b>  Cheese Stick Crunchy Pretzels Fresh Fruit and Vegetable Bar Strawberry Fluff Milk
Corn Dog/Veggie	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Veggie
11	12	13	14	15
Breakfast Pizza Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Goody Bun Fruit Juice, Milk	Scrambled Eggs, Sausage & Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Chili Dog</b>  Shredded Cheese Tator Tots Fresh Fruit and Vegetable Bar Ranger Cookie Milk	<b>Burrito w/ Cheese Sauce</b>  Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Christmas Dinner</b>   Milk	<b>Cheeseburger</b>  Potato Smiles Lettuce, Tomato and Pickle Fresh Fruit and Vegetable Bar Milk	<b>Fish Sticks</b>  Pinto Beans Coleslaw and Hushpuppies Fresh Fruit and Vegetable Bar Orange Sherbert Milk
SAME	SAME	SAME	SAME	SAME
18	19	20	21	22
<b>***** CHRISTMAS BREAK DECEMBER 18th - DECEMBER 29th *****</b>				
25	26	27	28	29

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.